JRNA

FACES & PLACES April 8, 2019

WCA/HVEDC host digital future event

The Westchester County Association (WCA) and Hudson Valley Economic Development Corporation (HVEDC) held panel discussions at their Investing in Our Digital Future: Exploring the Impacts of Next Gen Technology event on March 23. The event focused on the direct impact of high speed and wireless technology on economic development, workforce development, health care and the educational system.

The event was held at the IBM Learning Center in Armonk in front of an audience of approximately 100.

 From left: WCA President and CEO William M. Mooney Jr.; Westchester County Executive George Latimer; and Hudson Valley Economic Development Corporation President and CEO Mike Oates.

2. From left: Bob Cacace, COO/CIO of the city of Yonkers; Terry Kirchner, executive director, Westchester Library System; Joe Ricca, superintendent, White Plains School District; Bea Grause, president and CEO, Healthcare Association of New York; and Mike Oates, president and CEO of the Hudson Valley Economic Development Corporation.







Don't Miss These NPW Events!

1 message



EVENTS



Don't miss out on all the networking and professional development opportunities NPW has planned for you and your staff. See the full calendar of events here.

Please note: Registration for most NPW events is restricted to Members. Each participant must be listed as a contact with the member organization before registering. Email sgardos@npwestchester to be added to your organization's account. To learn about membership, click here.

Sexual Harassment Prevention Training Multiple Offerings: April 12, April 16, May 8, May 21 Westchester Library System | 570 Taxter Road Suite 400 | Elmsford, NY 10523

All employees in New York State must be trained in Sexual Harassment Prevention by October 9, 2019. Attend any one workshop session to fulfill this new requirement. You will learn how to prevent harassment and cultivate a safe and respectful work environment. These workshops are made possible through a collaboration between The Westchester Library System and Nonprofit Westchester. There is a \$50 fee for this workshop.

Register Now

Collaborating with Your Employees to Find Solutions for a Healthy Work/Life Balance Tuesday, April 2, 9:00 AM - 10:30 AM



Upcoming Events From NPW Members

1 message



MEMBER **EVENTS**

Members: Want NPW to promote your events? Send to newsletter@npwestchester.org

WJCS 2019 Gala Tuesday, April 2nd

Join WJCS in celebrating their 2019 annual Gala honoring Neil Sandler and Roy Stillman. By attending, your support helps to make a difference in over 20,000 Westchester residents' lives.



Teen Science Cafe: How Dogs Experience The World Wednesday, April 3rd

Teen Science Cafe is a space for youth to meet and network with scientists while keeping up-to-date on the latest scientific developments. With Madelyn Baker of the Horowitz Dog Cognition Lab at Barnard College, Columbia University. Fee: Free



39th Annual Volunteer Spirit Awards Friday, April 5th

Celebrate & support local volunteerism at this special breakfast event. By attending, you're also getting a seat at one of the most beloved, feel-good events of the year and also hear from exceptional volunteers who are making a difference right here in your own community. Online event registration closes on March 22nd.



Celebrating Westchester Libraries Breakfast Friday, April 5th

Celebrate Westchester libraries and the launch National Library Week. The 2020 Census is one year away and libraries from around the country are poised to take a role in promoting a complete census count and providing reliable information on its importance. Learn more

about how libraries are working to ensure everyone is counted! Featured speaker: Michelle L. Young, MLS, NYLA President. 2018-2019, Director of Libraries.



Feeding Westchester Spring Gala Friday, April 5th

An elegant evening to end hunger in Westchester. As the heart of a network of more than 300 partners, Feeding Westchester sources and distributes food, and other resources, to towns across Westchester helping to ensure that none of our neighbors are hungry. Exclusive VIP Reception | 5:30-6:15 PM, 6-7 PM Cocktails | 7-9 PM Dinner, Festive cocktail attire.



Advocacy Works! Spring Webinars for Parents **Through April 30th**

Getting Kids on Track to School Success - Become a Better Advocate Webinar Series. Top-notch presenters with information based on unique legally-based, problem-solving approach. Topics: 4/10 - School Meeting Requested, 4/30 - IEP Basics



When All Boats Rise Saturday, April 6th

Join The Carver Center for an evening of dinner, dancing and paddle raising to help raise the necessary funds to Build Brighter Futures for families and individuals of Port Chester. At Carver Center, all boats rise because their expectation is collective excellence.



Equal Access to Justice Dinner Tuesday, April 9th

Join Legal Services of the Hudson Valley for their 2019 Equal Access to Justice Dinner. Honoring: John Flannery, ESQ.- Former LSHV Board Member and Regional Managing Partner of Wilson Elser Moskowitz Edelman & Dicker LLP, Mastercard's Law, Franchise & Integrity Group, and Julie Kinch, ESQ. - Senior Vice President & Chief Legal Officer at Heineken.



DOROT Westchester Spring Luncheon Wednesday, April 10th

Join DOROT Westchester for their Annual Spring Luncheon with special guest speaker Joy Bauer, Nutritionist and Health Expert for The Today Show. All guests will receive a signed copy of Joy's latest book, "Joy's Simple Food Remedies".



Girls Inc. Strong, Smart & Bold Gala Wednesday, April 10th

Concrete White Plains Library Plaza is getting a \$6 million facelift with gardens, stage

Richard Liebson, Rockland/Westchester Journal News Published 6:00 a.m. ET April 26, 2019 | Updated 6:29 a.m. ET April 26, 2019

WHITE PLAINS — For decades, the drab, flat, nondescript tract of hard gray concrete was just something you walked through to get to the White Plains Library.

Officials say that will soon change as a \$6 million capital improvement project transforms the library plaza into a peaceful oasis of green in the midst of one of the busiest sections of the city.

Lodged in between the Public Safety Building and the Westchester County Courthouse at the corner of Martine Avenue and Dr. Martin Luther King Jr. Boulevard, the library is across Martine from the Galleria mall. There's a lot of foot traffic from library patrons, jurors and court workers. Officials say the project, which will be bonded, will create a more inviting place to walk through or relax in.

"We wanted to give it some green space and a softer look," city Deputy Public Works Commissioner Stefania Mignone told The Journal News/lohud. "It will be such a big difference from what was here. The old plaza was just depressing."

The project comes as the city waits for final design approval from the state for a three-block-long dedicated bike lane protected by a median that will run in front of the library. The path, along with major crosswalk improvements, are part of the city's transit district zone. That project is being funded by a \$1.2 million state grant, with the city contributing \$300,000.

Buy Photo



"Seat walls" are pictured as work continues on a multi-million dollar renovation of the White Plains Library Plaza, April 24, 2019. (Photo: Mark Vergari/The Journal News)

WHITE PLAINS RAILROAD STATION: Key to transit district development (/story/news/local/westchester/white-plains/2019/04/16/metro-northwhite-plains-transit/3403491002/)

BIKE, PEDESTRIAN IMPROVEMENTS: White Plains using state grant for enclosed bike lane (/story/news/local/westchester/whiteplains/2017/07/23/white-plains-transit-grant/502843001/)

WHITE PLAINS LIBRARY: No fines for late children and young adult materials (/story/news/local/westchester/white-plains/2018/06/11/fine-ideano-fines-late-childrens-books-white-plains-library/684266002/)

Mignone is project manager for the plaza work, which began in August 2018 and is expected to be finished in June. Since part of the 68,500-square-foot plaza is on Westchester County property, the county kicked in \$600,000 to help fund the facelift.

"The old plaza was just an eyesore. It was a barren sea of concrete with no real features at all," said city Public Works Commissioner Rick Hope. "It was in disrepair, and we were using asphalt patches to prevent tripping hazards."

(Story continues below gallery)

The new plaza, which surrounds the 1970s-era library, will be scattered with elevated gardens, benches, trees and new lighting. The remake was designed by White Plains-based IQ Landscape Architects; the work is being done by Tony Casale Inc., a Yonkers contractor. **Buy Photo**



The "knoll" area is pictured as work continues on a multi-million dollar renovation of the White Plains Library Plaza, April 24, 2019. (Photo: Mark Vergari/The Journal News)

A major new highlight will be an eight-foot-high grass-covered knoll on the Public Safety Building side of the plaza. Trees are being planted and an embedded decorative stone bank with both wood and pre-cast stone seating is being built.

A "Discovery Garden" will have lavender and thyme plantings, wind chimes, talking tubes and other features designed to make it an interactive sensory experience for young children.

Mignone said the area will be handicap accessible.

Another new feature, near the garden, will be a small performance stage for concerts and other events, covered by a rigid fabric tent. The stage will have power for small amplifiers and public address systems.

Alicia Washington, who was taking her 3-year-old son, Renaldo Lopez, to the library's "Trove" children's area, wasn't aware of the plaza work but said she liked what she heard after it was described to her.

"It seems kind of expensive, but the garden sounds wonderful. Maybe they can have concerts for children out there. It seems like it will be a great place for children when the weather's nice. I hope they have events there on weekends," she said.



"Seat walls" are pictured as work continues on a multi-million dollar renovation of the White Plains Library Plaza, April 24, 2019. (Photo: Mark Vergari/The Journal News)

Hope said a new back door to the library will make it easy to walk outside to the knoll area. He said the library's new cafe will be able to put seats and tables outside for patrons during nice weather.

"We're taking a desolate, uninviting, hard space, and turning it into a welcoming destination," he said.

Twitter: @RichLiebson (https://twitter.com/RichLiebson)

Read or Share this story: https://www.lohud.com/story/news/local/westchester/white-plains/2019/04/26/white-plains-library-plaza-construction-treesgardens/3553877002/

MOUNT VERNON PUBLIC LIBRARY NOTICE OF SPECIAL MEETING OF THE MOUNT VERNON CITY SCHOOL DISTRICT

RESOLUTION#0038-19

NOTICE IS HEREBY GIVEN that on Tuesday May 7, 2019, between the hours of 7,00 A.M. and 9:00 P.M., a special district meeting of the Mount Vernon City School District will be held to take votes on the following

PROPOSITION #1 - Shall the sum of \$4,779,094 be raised by annual levy of a tax upon the

taxable real property within the Mount Vernon City School District for the purpose of funding the operating budget of the Mount Vernon Public Library?

NOTICE IS ALSO GIVEN that votes on the above issue will be taken on Tuesday, May 7, 2019 between

the hours of 7:00 A.M. and 9:00 P.M. at the Mount Vernon Public Library, located at 28 South 1 Avenue.

Mount Vernon, New York;

or proven to the satisfaction of such Board of Registration to be then or thereafter entitled to vote at said said School District shall be used by said Board of Registration as the basis for said special district meeting between the hours of 9:00 a.m. and 4:00 p.m. through April 23, 2019. The register of the qualified voters of may register at the Office of the District Clerk of the Mount Vernon City School District on any school day special district meeting. Additionally, any person otherwise entitled to vote at said special district meeting placed upon such register, provided that at such meeting of the Board of Registration he/she is known district for the special district meeting, at which time any person shall be entitled to have his/her name Mount Vernon, New York, for the purpose of preparing a register of the said qualified voters of the school District no later than April 23, 2019 to the day of the vote May 7, 2019, on any business day between the will be filed in the Mount Vernon Public Library and will be open for inspection by any qualified voter of the at said special district meeting without further registration. Immediately upon its completion, said register Board of Elections of Westchester County under the provisions of the Election Law, shall be entitled to vote to be held on May 7, 2019. In addition, any person otherwise qualified to vote who is registered with the NOTICE IS FURTHER GIVEN that the Board of Registration shall meet on April 23, 2019 from 11 :00 A.M. until 5:00 P.M. at the Mount Vernon Public Library, located at 28 South 1st Avenue.

Vernon Public Library during normal operating hours. If the ballot is to be mailed to the voter, the completed application must be received by the Library no later than seven (7) days before the vote, April 30, 2019. If the ballot is to be delivered personally to the voter, the completed application must be received by the Library no hours of 9:00 A.M. and 4:00 P.M. ater than 5:00 P.M. on May 6, 2019. Completed absentee ballots must be received by the Library not later NOTICE IS FURTHER GIVEN that applications for absentee ballots may be obtained at the Mount

of the five days prior to the day of the vote, between the hours of 9:00 A.M. and 4:00 P.M. except Saturdays and Sundays, and on May 7, 2019. than 5:00 P.M. on May 7, 2019. A list of all persons whom absentee ballots shall have been issued will be available in the Library on each

Only qualified voters who are duly registered will be permitted to vote. Evania Thompson

LIBRARY DIRECTOR PUBLIC LIBRARY

Visit your local Apple Bank branch today!

Rose Hill Shopping Center, Thornwood, 914-769-8400 1753 East Main Street, Mohegan Lake, 914-743-5002 33 Mamaroneck Avenue, White Plains, 914-948-5400 1075 Central Park Avenue, Scarsdale, 914-472-3699 75 Route 59, Monsey Town Square, 845-425-0189 85 Pondfield Road, Bronxville, 914-771-6770



Established 1863 · Member FDIC

www.applebank.com

earn interest. Early withdrawal penalty may apply. CDs must be opened in person at an changed by the Bank at any time. *CDs require a \$1,000 minimum balance to open and Apple Bank branch. Offer may be withdrawn at any time without prior notice Annual Percentage Yields (APYs) disclosed are effective as of 1/1/2019 and may be

Continued from Page 1A

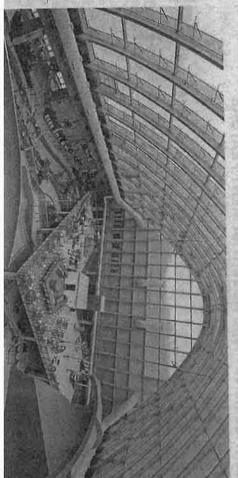
Here are the details:

Get wet in the water

ny inside The Kartrite's was 84 degrees and sun-On a cool April day, it

It has the standard

water park.





WP LOHUD.COM | TUESDAY, APRIL 16, 2019 1 5A

White Plains, NY

Local News

Real Estate

Events

Get Tickets

Blood Pressure Monitors Available At Yonkers Library

The county health department partnered to increase access to tools that help identify hypertension, By Michael Woyton | Mar 25, 2019 4:59 pm ET



County Executive George Latimer had his blood pressure checked Monday, March 25 at the Yonkers Riverfront Library. (Westchester County)

WHITE PLAINS, NY — Westchester County Executive George Latimer, Health Commissioner Sherlita Amler, MD, Yonkers Public Library staff and the American Heart Association, along with Yonkers residents, demonstrated Monday the ease of checking one's blood pressure with an automated blood pressure cuff now available to use or check out at the Yonkers Riverfront Library. Three identical blood pressure cuffs were given to the library through a pilot program funded by a New York State grant to promote and provide opportunities for self-measured blood pressure monitoring in the community.



Users sit down, slip their arm into the sleeve, relax and push a button, and the machine does the rest.

Subscribe

"Placing these cuffs at the library will make it as easy to check your blood pressure as it is to borrow a book," Latimer said. "That's a good thing, because it can prompt you to see a doctor and learn strategies to reduce your blood pressure."

Health Commissioner Sherlita Amler, MD, said that hypertension, or high blood pressure, is known as the silent killer because many people don't know they have it until it is too late.



1. Click "Get Recipes" 2. Add Extension 3. Enjoy!

Get at Recipes

"By making these automated cuffs more accessible to the public, we hope to save lives and encourage residents to work with a health care provider to help bring their blood pressure under control," she said.

Amler said that one in three adults have hypertension, which increases the risk of heart disease — the No. 1 cause of death in Westchester.

She said the risk can be reduced by maintaining a healthy weight, reducing the consumption of salt, fat, cholesterol and alcohol, exercising more and eating more fruits and vegetables.

Through a partnership with CLUSTER, case managers will be available at the Yonkers Riverfront Library on designated days and times to assist residents with blood pressure monitoring, and library patrons can use the automated cuffs to check their own blood pressure when the library is open. Other services offered through the library include nutritional guidance, along with classes in yoga, Zumba and mindfulness that can help residents reduce their high blood pressure.

The County Health Department has 16 more automated blood pressure cuffs to distribute and wants to hear from other agencies and organizations that can make the monitors accessible to residents. For more information, contact Patrick Quinn at 995-6588.

Everyone who uses the cuff, as well as anyone monitoring their blood pressure at home with their own cuff, can track their blood pressure over time using the American Heart Association's Check, Change, Control. online tracking tool. To create a free account, go to www.ccctracker.com; and use the campaign code CHKBP.

According to the CDC, 34.6 million adults in the US have uncontrolled hypertension; of these 11.6 million don't know they have it. In New York, 4.8 million adults — one in every three — are estimated to have hypertension, and only 63 percent have it under control. In Westchester, an estimated 28.5 percent of adults were diagnosed with hypertension in 2016.

Normal blood pressure is less than 120/80, but one high blood pressure reading does not mean you have hypertension. Blood pressure must be measured at different times, while you are resting comfortably for at least five minutes. To diagnose hypertension, at least three readings greater than 120/80 are usually required, medical authorities said.

More information about hypertension is available at www.westchestergov.com/health.

Find and "Like" Hudson Valley Patches' Facebook Pages.

See article on Patch >

More from White Plains, NY Patch



Free Youth Summit to Offer Career Path "Test Drives"



These Are 25 Of Amazon's Most Popular Kitchen Items