



“THE CHILD MAY NOT REMEMBER, BUT THE BODY REMEMBERS.”

How do adverse childhood events affect the mental and physical health of children? How might these events have affected you? How can we use this information to improve our community?

Join a screening and discussion of **RESILIENCE**, a one-hour documentary that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent toxic stress. Extremely stressful experiences in childhood are now understood to alter brain development and have lifelong effects on health and behavior, increasing the likelihood for conditions as diverse as heart disease, cancer, substance abuse and depression. Join us to learn more!

Public screenings: (updated 5/11/2018):

- **Dobbs Ferry Public Library, (55 Main Street) Wednesday, May 23, 6:30pm**
- **Westchester Library System Headquarters (570 Taxter Road, Elmsford), Tuesday, June 5, 7:30pm, and Friday, June 15, 2:30pm**
- **Greenburgh Public Library, (300 Tarrytown Road) June 19 6:30pm**

Register for event reminders, see the full schedule and find out more`at conversations.westchesterlibraries.org **New screenings are being scheduled!**



George Latimer, County Executive
Michael Orth, Commissioner
Department of Community Mental Health