

LIBRARIANS' BEST PICKS



NEWSLETTER

Focusing on web sites of interest to Westchester - Summer 2007

Elder Care

Because Americans are living longer most lives will be touched by some form of eldercare. Under the **Librarians' Best Picks Seniors** web page (see the **"People" section**) there are two subsections: **Eldercare** and **Housing**. Websites listed offer information on eldercare services (caregiving, long term care) and senior housing options (nursing homes, assisted living, retirement communities.) Here we will focus on websites pertaining to Westchester.

National Association of Geriatric Care Managers

www.caremanager.org

Professional Geriatric Care Managers assist family members in creating a plan of care for older relatives. On this site you can search for a care manager within 5-50 miles of the stated location.

New York State Partnership for Long Term Care

www.nyspltc.org
The purpose of this website is to help New Yorkers financially prepare for the possibility of needing nursing home care, home care or assisted living services without becoming impoverished. This partnership combines private insurers with Medicaid Extended Coverage. Information on partnership insurers is provided along with a forty-three page consumer booklet describing long-term care insurance. Two NY State maps by county show nursing home costs per day and per year and the number of policyholders.

Finding a nursing home or other senior facility

www.medicare.gov

Medicare has numerous compare search tools including one for nursing homes. You can compare nursing homes on the state, county, city and zip code level. In addition to basic directory information, also noted is Medicare and/or Medicaid participation, number of beds, type of ownership, if located in a hospital or if a continuing care retirement community.

Nursing Homes in New York State NYS Department of Health www.health.state.ny.us/facilities/nursing/ index.htm

With the link "Find and compare nursing homes" one can search for nursing homes by county, zip code or services provided (adult day care, respite, etc.) For each nursing home, in addition to an overview, there is information on inspection, complaints and deficiencies and enforcement action. Various quality of care areas are ranked against other nursing homes in the state and nationwide. There is also a link to the Medicare nursing home compare search tool mentioned above.

A Place for Mom

www.aplaceformom.com

A free referral service to help families find nursing homes, assisted living, Alzheimer's care, retirement communities, and home care. You fill out a form specifying area, and a care advisor will contact you. There is also an online assessment tool, tips on visiting facilities and coping with Alzheimer's.

Your Guide to Senior Housing NYS Office of the Aging

www.seniorhousing.state.ny.us

This guide provides access to over 1,000 housing developments in New York State. You can search counties by thirteen different types of housing, private pay and/or subsidized housing and many other options: settings, features, services, types of units and amenities. There is also a "Critical Questions to Ask" section.

June Hesler, Reference Librarian

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Librarians' Best Picks

web pages.

If interested please contact
Ann-Marie Cutul (Scarsdale) at
acutul@yahoo.com.